



## On The Grove Grapevine this August

Hello and welcome to August's newsletter.

July followed on from June with lots of gloriously warm sunny days and luckily for the garden, volunteers came in regularly to water the plants! The new sign was installed mid-July on the front of the home and looks very smart.



Vicky, the hairdresser, has changed her day from Tuesday to Thursday and will be here every week in August.



We have our big annual trip out on Friday 22 August to Weston-Super-Mare. The coach will be picking us up early and we'll be having breakfast on the drive down. A grand day out with fish and chips and ice cream!

"Oh, I do like to be beside the seaside ..."

# What's On in August

We have regular activities with Karen and Steve like quizzes, puzzles, bingo, crafts and cake decorating for you to get involved with. Here are the dates where people are coming in to The Grove to provide some mental and physical stimulation:

4 August	6 August	7 August	12 August	13 August
Tai Chi with Augustine 2.00 – 2.45	Crafts with Tara 10.00 – 10.45	Exercise with Gemma 10.00 – 10.45	Exercise & Motivation with Emma 2.00 – 2.45	Chiropodist 9.30 – 3.30 Charges apply
18 August	20 August	21 August	26 August	
Tai Chi with Augustine 2.00 – 2.45	Church service 10.00 – 10.45	Exercise with Gemma 10.00 – 10.45	Exercise & Motivation with Emma 2.00 – 2.45	

## Activities we've enjoyed together



Happy Birthday to you ...  
Celebrating with lots of  
scrumptious cake!







A few residents went in search of  
some fantastical creatures at  
Twycross Zoo



Who you lookin' at?



NB Entertainment Ltd came in to  
get us all moving  
"Wave your hands in the air, like  
you just don't care!"







The sun came out just in time for our summer garden party at the end of July.

A lovely afternoon spent with family and friends enjoying the garden and entertainment from Martin Leonard. Cocktail anyone?

