



On The Grove Grapevine this December

Ho Ho Ho and welcome to December's newsletter.

November was a quiet month for trips out but a few residents enjoyed their trip to see The Full Monty at the Core Theatre in Solihull. We are getting ready for a month full of festive fun with Christmas tunes playing on the radio and lots of activities to look forward to in December.

It's panto time (oh no it isn't!) and we'll be heading off to the Core Theatre in Solihull to see this year's panto, Aladdin.

On **14th, 19th and 22nd December** we are going to Shangri-La in search of magic, mayhem and maybe a wish or two or three?



A small group of residents will be visiting the Illuminated Aboretum event on **Tuesday 16 December from 2pm until late** at the National Memorial Arboretum, Alrewas.

The 1.5-mile illuminated journey will have dazzling installations that tell important stories with fun hands-on elements you can control and touch.

On **Sunday 21st December, 2-6pm**, we will be hosting the Residents' and Family Christmas Party. A lovely afternoon of food, drinks and merriment to celebrate the festive season.



What's On in December

We have regular activities with Karen and Steve like quizzes, puzzles, bingo, crafts and cake decorating for all to get involved with. Here are the dates where people are coming in to The Grove to provide some mental and physical stimulation:

2 December	7 December	8 December	9 December	10 December
Exercise & Motivation with Emma 2.00 – 3.00	QMTS 1.00 – 2.00	Tai Chi 2.00 – 2.45	Melbicks Garden Centre with lunch	Chiropodist 9.30 – 3.30 Charges apply
11 December	16 December	17 December	23 December	31 December
Exercise with Gemma 10.00 – 10.45	Exercise & Motivation with Emma 2.00 – 3.00	Church service with choir 10.00 – 10.45	Rob Pitt singer	New Years' Eve Residents Pyjama Party 2.00 – 6.00

Activities we've enjoyed together



Meeting a new member of the family for the first time 😊



Celebrating a special birthday



Getting ready for action!



Story time with the children



Time for a puzzle anyone?



Right, let's go. Ready one, two, three ...



Boxercise with Augustine,
not quite as zen as tai chi!

