



## On The Grove Grapevine this January

Hello and welcome to January's newsletter.

We had a fantastically magical December with lots of Christmas trips out and about. Three groups of residents went to the Core Theatre in Solihull to watch Aladdin, which had lots of toe tapping songs and some well-known tunes to get involved with. There was plenty of audience participation for the residents (and staff) to get involved with – oh no there wasn't, oh yes there was!



At the end of 2025 The Grove achieved a bronze award for corporate social responsibility. We have received this award due to the partnership work we have been doing with Solihull College & University Centre and the Social Value Excellence scheme we have joined. This is in recognition of the continual improvement of staff skills with the enrolment of two employees in an apprenticeship scheme. The Grove will continue to work towards a Silver Award in 2026.

A couple were walking down the street with a pig...

You'd be forgiven for thinking this was the start of a joke but Millicent the pig was seen walking down the street outside The Grove and was invited in to visit the residents. We will hopefully be seeing Millicent again in 2026!



### Have Your Say

The Residents' regular Focus Group Meeting will be taking place on **Thursday 29 January** from 1pm. It's a chance to be updated on news and have your say about activities and events you'd like.

# What's On in January

We have regular activities with Karen and Steve like quizzes, puzzles, bingo, crafts and cake decorating for you to get involved with. Here are the dates where people are coming in to The Grove to provide some mental and physical stimulation:

| 13 January                                     | 19 January                                     | 21 January                                  | 21 January                      |
|--|--|---|---------------------------------|
| Exercise & Motivation with Emma<br>2.00 – 2.45 | Tai Chi with Augustine<br>2.00 – 2.45          | Chiropodist<br>9.30 – 3.30<br>Charges apply | Church service<br>10.00 – 10.45 |
| 22 January                                     | 27 January                                     | 29 January                                  |                                 |
| Exercise with Chloe<br>10.00 – 10.45           | Exercise & Motivation with Emma<br>2.00 – 2.45 | Focus Group meeting<br>1.00 – 1.30          |                                 |

## Activities we've enjoyed together



Five residents had a trip to Melbicks to enjoy some pre-Christmas shopping and enjoy fish and chips for lunch



Christmas decorations throughout the home





Santa came to town,  
well The Grove, to  
give out chocolate  
and have a little  
dance



Enjoying coffee and  
cake before the show





Say oops upside your  
head!

And YMCA 😊

Dancing the night  
away at the New  
Years' Eve Pyjama  
Party!

