



On The Grove Grapevine this July

Hello and welcome to July's newsletter.

July continues where June left off with residents (and staff) keeping cool with ice lollies and slushies to stay hydrated!

Michelle and Jayne attended the Stars of Social Care Awards in London on Saturday 13 June, representing The Grove in its nomination for The Retention and Recruitment Award in the Care Homes category.

It was a great event hosted by Josie Gibson, a regular presenter on ITV's This Morning programme.



On **Friday 10 July** a small group of residents will be heading off to Shropshire to visit Blists Hill Victorian Town an open-air museum built on a former industrial complex.

The museum attempts to recreate the sights, sounds and smells of a Victorian Shropshire town in the late 19th and early 20th centuries.

Get out the wind breaker, it's the beach themed Garden Party at The Grove on **Saturday 25 July** from 2pm-6pm. Music, food, drinks and fun times ahead!



It's strawberries and cream time again with residents enjoying the highly entertaining Wimbledon tennis championships. The sporting feast continues with FIFA World Cup delights also taking up the TV channels!



What's On in July

We have regular activities with Karen and Steve like quizzes, puzzles, bingo, crafts and cake decorating for you to get involved with. Here are the dates where people are coming in to The Grove to provide some mental and physical stimulation:

6 July	9 July	14 July	15 July	20 July
Tai Chi with Augustine 2.00 – 2.45	Exercise with Chloe 10.00 – 10.45	Exercise & Motivation 2.00 – 2.45	Church Service 9.45 – 10.45	Tai Chi with Augustine 2.00 – 2.45
23 July	28 July	29 July	30 July	
Exercise with Chloe 10.00 – 10.45	Exercise & Motivation 2.00 – 2.45	Chiropodist 9.30 – 3.30 Charges apply	Residents' Focus Group Meeting From 1pm	

Activities we've enjoyed together



Crafting and reading stories – can you see the intense concentration?





Enjoying the sunshine and
commemorations at the
Armed Forces Weekend

