



# THE GROVE

— RESIDENTIAL HOME • SOLIHULL —

## On The Grove Grapevine this June

Hello and welcome to June's newsletter.

A few staff and relatives had a good session on the first bank holiday Monday sprucing up the garden and as May ended with an unexpected heatwave and it was great to get out there and enjoy some early morning sunshine before it got too hot. Thank goodness for the air conditioning in the Lounge! We've got some great activities and events lined up for June, especially if you like football...



The football World Cup kicks off on **Thursday 11 June** with Mexico and South Africa from Group A starting the group round sessions.

Queensbridge Musical Theatre Society, regular singers at The Grove, are performing 9 to 5: The Musical at the Core Theatre on **Saturday 13 June**.

A group of residents will be going to the matinee performance from 1pm to see this laugh out loud comedy based on the iconic 1980 film.



To commemorate Armed Forces Day a small group of us will be having a trip to the National Memorial Arboretum on **Saturday 27 June** from 8.30am.

# What's On in June

We have regular activities with Karen and Steve like quizzes, puzzles, bingo, crafts and cake decorating for you to get involved with. Here are the dates where people are coming in to The Grove to provide some mental and physical stimulation:

3 June	8 June	11 June	16 June	17 June
Crafts with Tara 9.45 – 10.45	Tai Chi with Augustine 2.00 – 2.45	Exercise with Emma 10.00 – 10.45	Exercise & Motivation 2.00 – 2.45	Church Service 9.45 – 10.45
22 June	25 June	29 June	30 June	
Tai Chi with Augustine 2.00 – 2.45	Exercise with Emma 10.00 – 10.45	Start of Wimbledon Tennis Tournament	Exercise & Motivation 2.00 – 2.45	

## Activities we've enjoyed together



We've enjoyed our regular activities of crafting, exercising and puzzling!





Celebrating the 81th anniversary of VE day



Enjoying the lovely May sunshine and clear blue skies!

