



On The Grove Grapevine this November

Hello and welcome to November's newsletter.

October saw the completion of the new kitchen and servery and the introduction of two new members of the kitchen team, a head and assistant cook. The Activity Room is now back to normal after being our temporary kitchen during the project and is being used for different activities during the week.

The cake bake sale at the end of October raised a whopping £541 for the minibus appeal! Thank you to everyone who supported and contributed to the event 😊

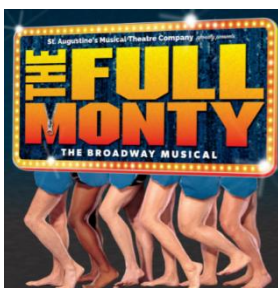


The new mint green cabinets in the servery are super stylish and the new kitchen has a high-tech combi oven and rotating toaster!

Crumpet anyone?

Michelle and Jayne attended the Great British Care Awards - for the West Midlands regional finals at The ICC in Birmingham on Saturday 1st November.

Michelle was a finalist under the "Care Home Registered Manager" award. Unfortunately, she did not win on the night however it was an honour to be nominated in recognition of all the hard work of the team at The Grove.



Our trip out in November is to see a show. A small group of residents' will be heading to the Core Theatre Solihull on **Saturday 15 November** to watch the matinee performance (2.30pm) of The Full Monty. A story full of heart and toe tapping pizzazz.

What's On in November

We have regular activities with Karen and Steve like quizzes, puzzles, bingo, crafts and cake decorating for you to get involved with. Here are the dates where people are coming in to The Grove to provide some mental and physical stimulation:

4 November	5 November	10 November	13 November	18 November
Nursery children visiting 10.00 – 10.45 Exercise & Motivation with Emma 2.00 – 2.45	Crafts with Tara 10.00 – 10.45	Tai Chi with Augustine 2.00 – 2.45	Exercise class 10.00 – 10.45	Nursery children visiting 10.00 – 10.45 Exercise & Motivation with Emma 2.00 – 2.45
19 November	24 November	27 November		
Church service 10.00 – 10.45	Tai Chi with Augustine 2.00 – 2.45	Exercise class 10.00 – 10.45		

Activities we've enjoyed together



Taking part in the tradition of stirring the Christmas cake.
Did you make a wish?





Bollywood came to
The Grove and we
enjoyed an
afternoon of dancing
and shaking our
maracas!

