



On The Grove Grapevine this September

Hello and welcome to September's newsletter.

August seems to have disappeared within a blink of an eye! Perhaps because the staff team were getting ready for the kitchen and servery refurbishment works that started on Monday 18 August and for the big trip to Weston-Super-Mare on Friday 22 August. The Activity Room has been converted into a temporary kitchen for the duration of the building works and it's been a huge team effort to get everything moved around. What's in store for September? I hear you cry, well ...



On **Saturday 6 September**, 8.30am until late, a small group of residents will be heading out to explore the delightfully quaint village of Bourton-on-the Water in the Cotswolds.

Afternoon tea anyone?

A few residents will be going to see the Solihull Memory Singers at The Onward Club on **Thursday 11 September** from 12.30pm to 3pm



The Nursery children will be coming back in for a visit sometime in September too, date to be confirmed!

Have Your Say

The Residents' regular Focus Group Meeting will be taking place on **Thursday 25 September** from 1pm. It's a chance to be updated on news and have your say about activities and events you'd like.

What's On in September

We have regular activities with Karen and Steve like quizzes, puzzles, bingo, crafts and cake decorating for you to get involved with. Here are the dates where people are coming in to The Grove to provide some mental and physical stimulation:

1 September	4 September	9 September	10 September	15 September
Tai Chi with Augustine 2.00 – 2.45	Exercise with Gemma 10.00 – 10.45	Exercise & Motivation with Emma 2.00 – 2.45	Chiropodist 9.30 – 3.30 Charges apply	Tai Chi with Augustine 2.00 – 2.45
17 September	18 September	23 September	29 September	
Church service 10.00 – 10.45	Exercise with Gemma 10.00 – 10.45	Exercise & Motivation with Emma 2.00 – 2.45	Tai Chi with Augustine 2.00 – 2.45	

Activities we've enjoyed together



On our way to
Weston-Super-Mare
for our big seaside
trip!





Oh, we do like to be beside the
seaside!



Trying our luck on
the machines 😊



A dinosaur?! At Weston-Super-
Mare, whatever next!



Fancy a chip?
Pint?
Why not both?





Enjoying the magic
of puppetry 😊

